

Bimekizumab treatment in psoriasis patients: A mechanistic understanding of the durable clinical response

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Objective

To understand the molecular mechanisms that lead to the durable and continuous complete skin clearance observed in bimekizumab (BKZ)-treated patients with psoriasis over 3 years.

Introduction

- Dual inhibition of interleukin (IL)-17F in addition to IL-17A with BKZ has been associated with superior clinical outcomes compared to inhibition of IL-17A alone.¹ BKZ treatment is associated with long-term skin clearance in patients with psoriasis, with more than 80% of patients who achieved complete skin clearance at Week 16 maintaining it through 3 years (Summary).²
- While IL-17A is more potent than IL-17F, IL-17F is more abundant in inflamed psoriatic tissue.^{3,4} This suggests that, despite the overlapping biology of IL-17A and IL-17F, their production from IL-17-secreting cells is regulated differently; it was previously shown that chronic stimulation of these cells causes preferential IL-17F production.⁵
- Interest in tissue-resident memory T cells (T_{RM}) has grown recently due to their implication in both psoriasis recurrence at the same location following treatment withdrawal and in disease perpetuation during treatment.⁶ T_{RM} cells have also been found in the joints and blood of psoriatic arthritis (PsA) patients,⁷ and an increase in skin-derived T_{RM} cells was observed in the circulation of these patients, which may contribute to the progression of psoriasis to PsA.⁸

Methods

- Three independent single-cell RNA-seq (RNA-seq) datasets from lesional psoriatic biopsies (two external: Kim et al.⁹ and Reynolds et al.¹⁰ one in-house⁴) were re-processed in a uniform manner and used to assess gene expression in specific cell types, such as T_{RM} cells and IL17A/F-producing cells.
- Pre- and post-treatment bulk RNA-seq data from a phase 2a trial of BKZ in psoriasis (study design previously reported)¹¹ were used to evaluate the effect of BKZ on genes and gene signatures of interest.

Results

- Analysis of the three independent psoriasis single-cell datasets indicated that approximately 5% of T_{RM} cells express IL17A/F in lesional psoriatic tissue (Figure 1A), and a considerable proportion of the IL17A and IL17F expression may come from these cells (Figure 1B).
- These single-cell datasets also consistently highlighted that, overall, IL17A- and IL17F-secreting cells have highly similar transcriptomes (Figure 2).
- Interestingly, IL7R was highly expressed on both IL17A- and, particularly, IL17F-secreting cells, with two out of the three datasets showing a significant upregulation in the IL17F-secreting cells (Figure 3). This may increase the survival of these pathogenic cells, as the IL7 pathway is associated with cell survival by upregulating anti-apoptotic genes, such as BCL2 and BCL2L1.¹²
- Additionally, several T cell pro-survival factors, including IL7R, and the more recently described IL32, were found to be expressed in T_{RM} cells (median normalised expression >1.5).
- Bulk transcriptomic analysis showed normalisation of a T_{RM} gene signature after only two doses of BKZ (median percentage improvement: 78.1% at Week 8, which increased to 87.7% at Week 28, following three doses; Figure 4A). Additionally, elevated expression of the pro-survival factors IL7R and IL32 was reversed (Figure 4B) and normalisation of an anti-apoptotic gene signature was also observed (median percentage improvement: 104.5% at Week 8; Figure 4C).

Conclusions

These mechanistic data from patient samples highlight the importance of IL-17F and IL-17A dual neutralisation in normalising both T_{RM} biology and pro-survival factors. Together with the previously shown normalisation of IL23 expression,¹¹ these observations have implications for disease modification and are important for the maintenance and durability of complete skin clearance during treatment in patients with psoriasis.

Summary

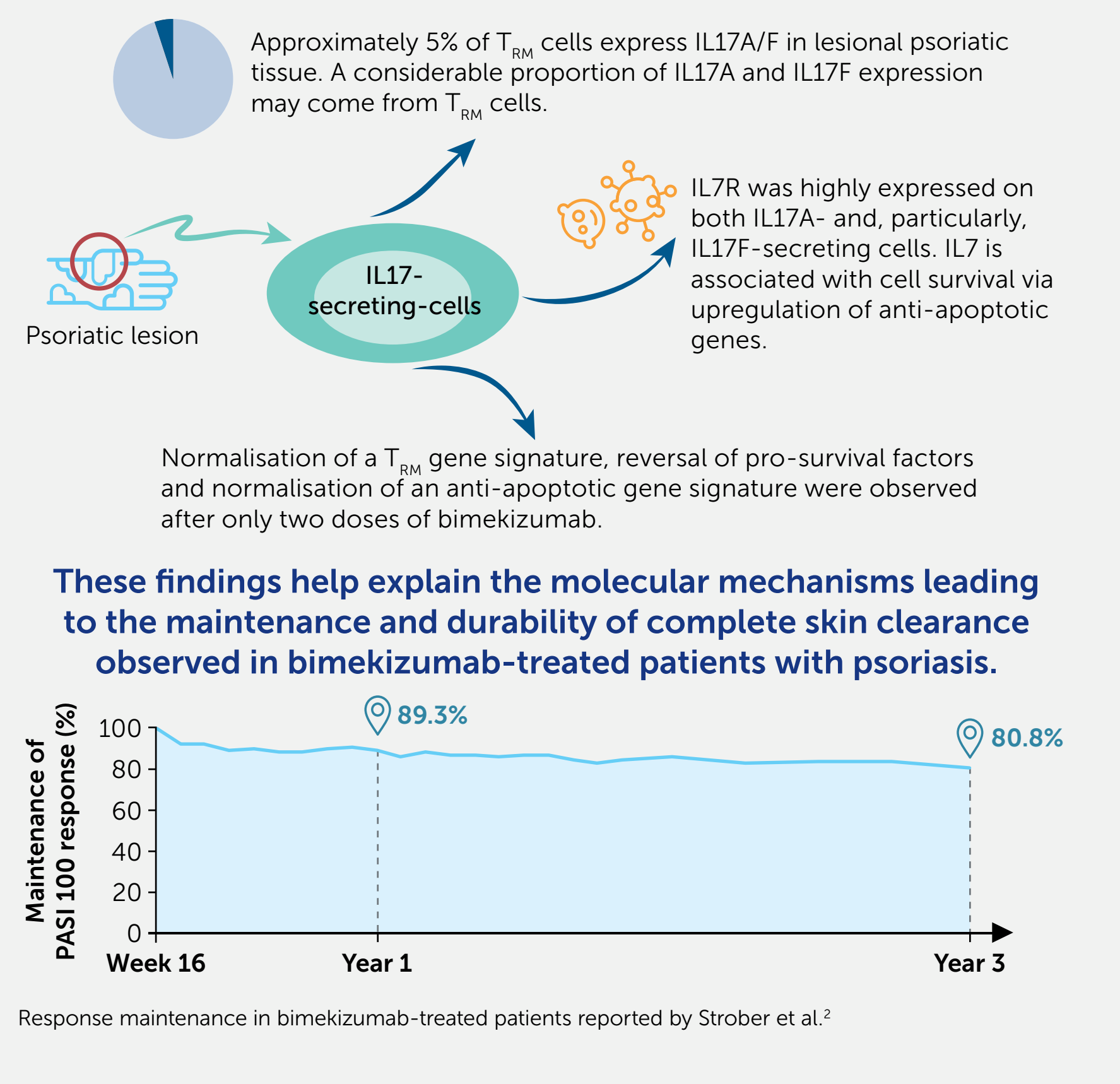


Figure 2 Correlation of average gene expression profiles for IL17A+ and IL17F+ T cells in three single-cell datasets

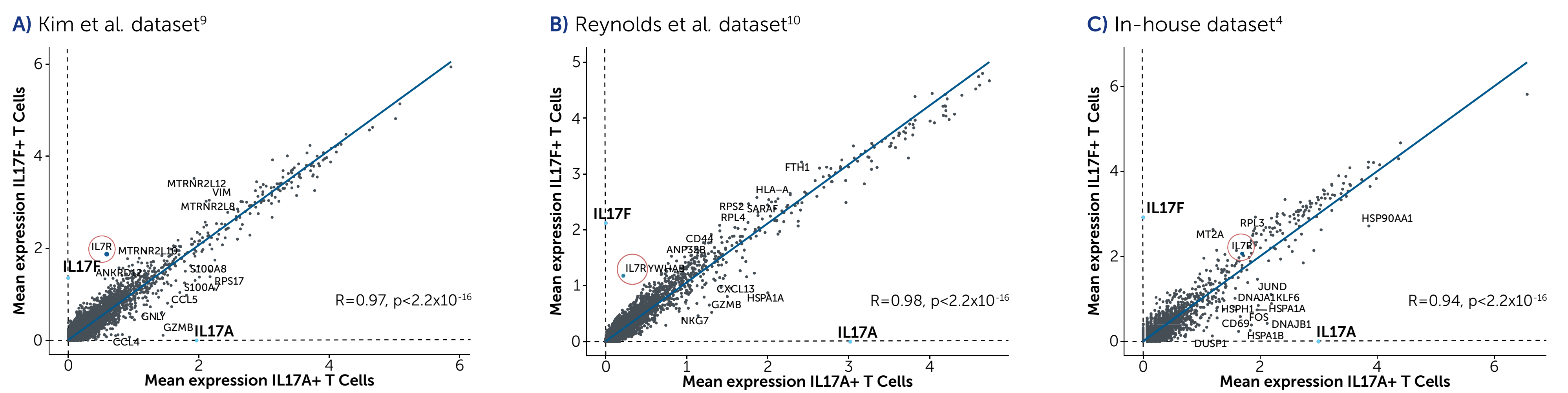


Figure 3 Volcano plots showing significant upregulation of IL7R in IL17F-producing T cells in two single-cell datasets

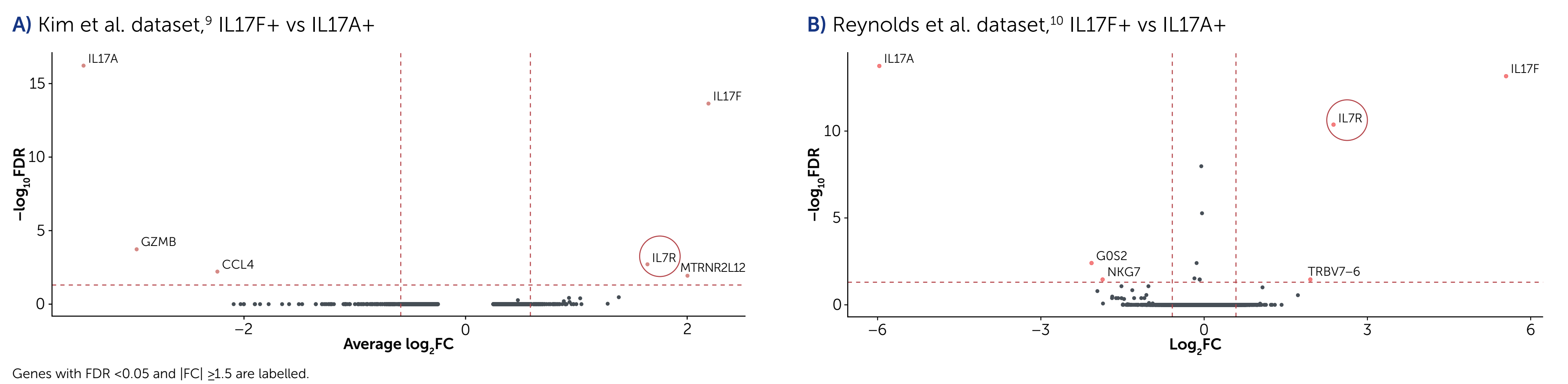
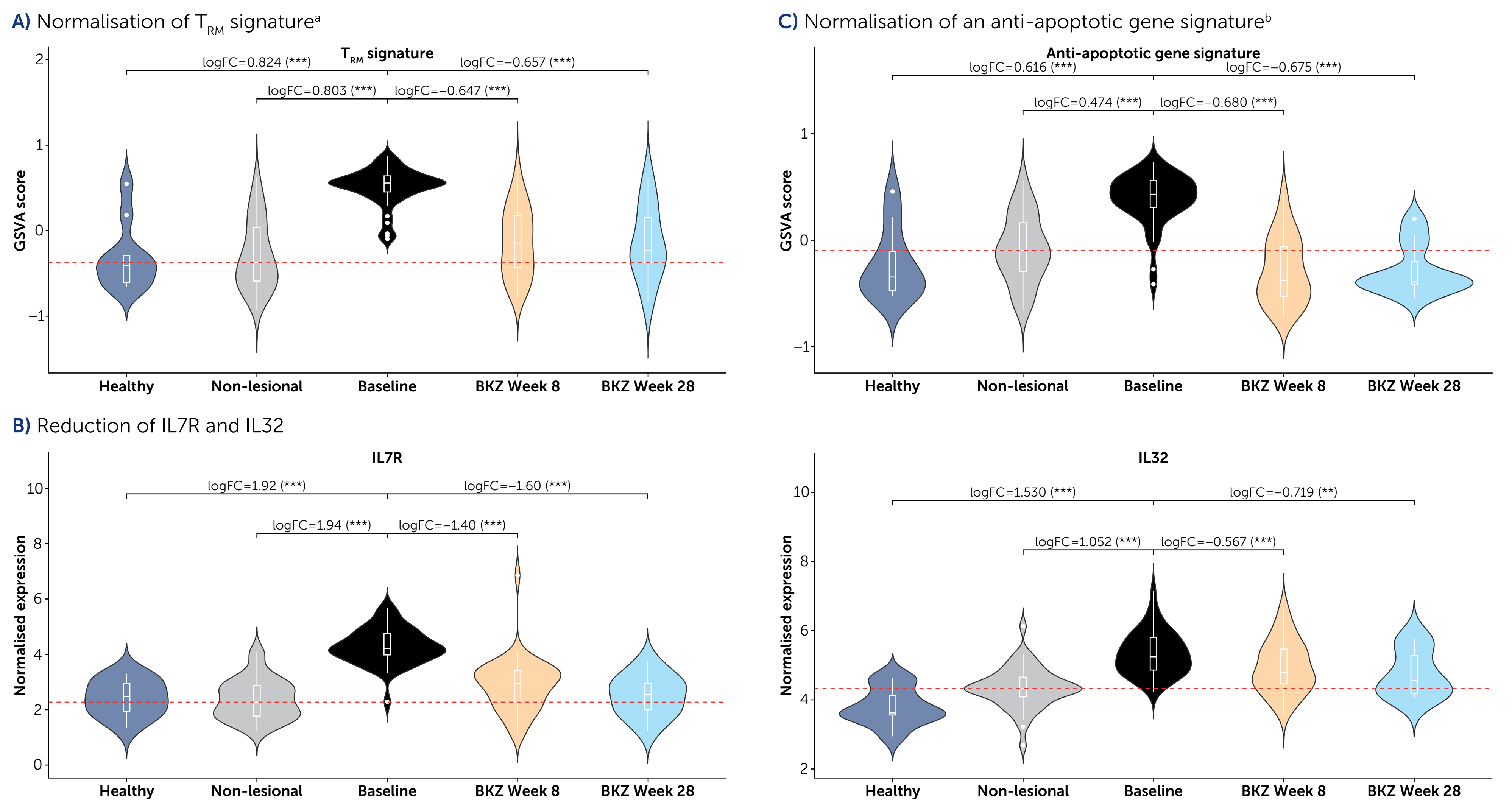


Figure 4 Expression of key genes and gene sets in baseline healthy, non-lesional, and lesional tissue versus treated lesional tissue at Weeks 8/28



BKZ: bimekizumab; FC: fold change; FDR: false discovery rate; GSAV: Gene Set Variation Analysis; IL: interleukin; PASI: Psoriasis Area and Severity Index; PsA: psoriatic arthritis; RNA-seq: RNA sequencing; T_{RM}: tissue-resident memory T cells.

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